

1st Year Survival Guide



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Make Friends

It's easy to make friends...
it is hard to make the right friends.

Your lecturers deserve to be treated in a professional manner and the learners you will encounter can learn from your conduct.

Treat all people with respect

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Ask for help

No one will just know if you are in trouble.

Find the balance between academic and social life. Making memories is important, but you are here to obtain an academic degree.

Find the balance

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Attend your classes

Do not only be physically present in class but engage in the activities.

Independence is a privilege and a responsibility.

Take responsibility

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Be careful of procrastination

Life happens, but you can't talk yourself out of something you behaved yourself into. Loadshedding is not a valid excuse. If you choose to wait until the very last minute to submit your assignments, you cannot blame technology or any other occurrence for missing your due date.

You do not need to experience everything that life has to offer before you are 21 years old. Pace yourself and cherish all the experience student life has to offer.

FOMO is not a real thing

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Forbidden fruit does not always taste better

You will always carry the consequences of decisions you make during this time. Alcohol and sex might be pleasurable during this carefree time of your life, but will have severe consequences in the long run.

As a student teacher, you are not now starting the journey of becoming a teacher. You already ARE a teacher. So act like a good one. Live according to the values you want to uphold in your profession. Keep that in mind in your decisions and conduct. Be proud of the profession you chose and live accordingly.

Your journey of becoming a teacher

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